

Autumn/Winter Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals and a choice of either crumpets, bagels or toast				
Snack	Daily choice of fresh fruit or vegetables				
Lunch	Jacket Potato with Beans and Cheese with Vegetable Sticks Natural Yoghurt or Fruit	Creamy Salmon and Leek Pasta Natural Yoghurt or Fruit	Roast Chicken with Potatoes, Stuffing and Vegetables Fruit Muffin	Hubble Bubble Pumpkin Pot Fruit Muffin	Chicken Goujons with Mashed Potato and Vegetables Natural Yoghurt or Fruit
Snack	Daily choice of fresh fruit or vegetables				
Light Tea	Cheese and Tomato Pasta Fruit	Leek and Potato Soup with Bread Fruit	Baked Beans on Wholemeal Toast Fruit	Homemade Pizza Rolls Fruit	Jacket Potato with Cheese and Beans Fruit

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals and a choice of either crumpets, bagels or toast				
Snack	Daily choice of fresh fruit or vegetables				
Lunch	Margarita Pizza, Potato Wedges and Vegetables Natural Yoghurt or Fruit	Lentil Bolognese with Garlic Bread Natural Yoghurt and Fruit	Roast Chicken with Potatoes, Stuffing and Vegetables Fruit Muffin	Tuna and Broccoli Tomato Pasta Fruit Muffin	Vegetarian Curry with Naan Natural Yoghurt or Fruit
Snack	Daily choice of fresh fruit or vegetables				
Light Tea	Cheese and Tomato Pasta Fruit	Baked Beans on Wholemeal Toast Fruit	Butternut Squash Soup with Bread Fruit	Jacket Potato with Cheese and Beans Fruit	Sausage in a Roll Fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals and a choice of either crumpets, bagels or toast				
Snack	Daily choice of fresh fruit or vegetables				
Lunch	Cheese and Vegetable Pasta Bake with Baby Corn Natural Yoghurt or Fruit	Chickpea and Vegetable Curry with Rice and Naan Natural Yoghurt and Fruit	Roast Chicken with Potatoes, Stuffing and Vegetables Fruit Muffin	Cottage Pie and Seasonal Vegetables Fruit Muffin	Lentil Bolognese and Garlic Bread Natural Yoghurt and Fruit
Snack	Daily choice of fresh fruit or vegetables				
Light Tea	Homemade Pizza Rolls Fruit	Baked Beans on Wholemeal Toast Fruit	Cheese and Tomato Pasta Fruit	Jacket Potato with Cheese and Beans Fruit	Vegetable Soup with Bread Fruit

Please note: All meals will be prepared to ensure they are age and stage appropriate and in line with each child's dietary requirements. Menu options or ingredients may change due to unforeseen circumstances. Your Nursery team will let you know if an alternative meal has been provided to your child.